

2020-21 Wellness Calendar

<p><u>July</u></p> <p>*Healthy Heart Blood Draw</p> 	<p><u>August</u></p> <p>*Healthy Heart Blood Draw</p> <p>*Skin Cancer Screening</p> 	<p><u>September</u></p> <p>*Cardiac & Organ Screenings</p> <p>*Flu & Pneumonia Vaccinations</p> <p>*Skin Cancer Screening</p>
<p><u>October</u></p> <p>*Mammography Screenings</p> <p>*Flu & Pneumonia Vaccinations</p> <p>*Prostate Screenings</p>	<p><u>November</u></p> 	<p><u>December</u></p> 
<p><u>January</u></p> <p>* Wellness Survey</p> 	<p><u>February</u></p> <p>*Health Risk Assessment Screenings</p> 	<p><u>March</u></p> <p>*Nurse Consultations</p> <p>*Comprehensive Eye Screenings</p>
<p><u>April</u></p> <p>*10th Annual Fit Cochise 5K Walk/Run</p> 	<p><u>May</u></p> 	<p><u>June</u></p> 

* Subject to change. Watch for updates in your monthly wellness newsletter.