

Quit Tobacco
for Good!

EMPLOYEE
ENROLLMENT
INTO ASHLINE
SERVICES

**It is never too late
to quit tobacco!**

We are here to help you.

CCT is partnering with the Arizona Smokers' Helpline (ASHLine) to provide you with free expert coaching to walk you through the quit process at no charge. Services are available in English and Spanish. Medication navigation assistance is available. Sign up Now!

<https://cessation.arizona.edu/employee-enrollment>



THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH
**Center for
Tobacco Cessation**